



ALCOHOL SCREENING AND BRIEF INTERVENTIONS

Trainer: Andy Rome, Director of Research & Consultancy

Max. participants: 16

Suitable for: General Practitioners, Community Pharmacists and Practice-based Nursing Staff

Course Content

This course will provide practitioners working in the primary care or community settings with an opportunity to learn and discuss key issues in screening patients for alcohol problems and delivering brief interventions. This will include a review of the research evidence supporting the interventions as well as discussions on screening tools, identifying change talk and providing appropriate interventions. Participants will learn through a combination of presentations and small group discussion.

Andrew Rome is a tutor in alcohol brief interventions (ABIs) for the Royal College of General Practitioners (Scotland) and is a member of the Scottish Ministerial Advisory Committee on Alcohol Misuse.

Learning Outcomes

The training aims to give participants an opportunity to:

- Raise awareness about the nature and extent of alcohol misuse across Scotland
- Review and discuss the research evidence regarding ABIs
- Identify and discuss how to conduct alcohol screening
- Discuss and reflect on techniques to enhance motivation and identify 'Change talk'
- Practice the delivery of screening and brief interventions through the use of case studies